In order to fulfill responsibilities as parents/family members, citizens/community members, and workers, adults must be able to:

- Take stock of where one is: assess what one knows already and the relevance of that knowledge.
- Make inferences, predictions, or judgments based on one’s reflections.

LIFELONG LEARNING SKILLS
Reflect and Evaluate

**COMMON ACTIVITIES**
- Gather, Analyze, and Use Information
- Manage Resources
- Work Within the Big Picture
- Work Together
- Provide Leadership
- Guide and Support Others
- Seek Guidance and Support From Others
- Develop and Express Sense of Self
- Respect Others and Value Diversity
- Exercise Rights and Responsibilities
- Create and Pursue Vision and Goals
- Use Technology and Other Tools to Accomplish Goals
- Keep Pace With Change